

# JANUARY NEWSLETTER

## THE ABUSE NO ONE TELLS YOU ABOUT...

Trust is not control. What comes off as caring for each other can turn against you. Sharing finances or financial information in a relationship is a common trend today, but if not careful, can lead to an unhealthy relationship. When someone controls spending, exploits a person's finances or uses money as a weapon to integrate or manipulate, this is financial abuse. Financial abuse is one of the biggest disregarded forms of abuse and is a form of domestic violence.

**Below is a list of what it may look like:**

- forcing the partner to be late or miss work
- withholding money for basic needs
- stealing property, items, money, or identity of the partner
- over spending a partner's credit card
- All bills are in one person's name
- tracking every cent from partner's spending
- giving the partner an "allowance"

## Join us for Support Group

Adult Group: Thursdays 5pm-6pm

Children's Group: Thursdays 5pm-6pm



**Bolton Refuge House, Inc**

## LAP Statistics from last month

Total Calls: 8

High Danger: 7

Not High Danger: 1

\*The Lethality Assessment Protocol, or LAP, is a tool that helps police officers and other crisis responders to put victims in contact with us almost immediately after a domestic violence incident. Officers or responders use the lethality assessment to determine how much danger the victim is in in their current situation. If they conclude that the risk of lethality is high, the responder will call us and an advocate will speak with the victim, inform them of our services, and set up a time to call back for a more in-depth conversation.

## Volunteer Needs

- Snow removal
- Cleaning and shelter support:
- Donation Pickup (Every Friday)
- Children's group
- Activity groups:
- Vehicle service:
- Recycling

### Upcoming Opportunities

- Court Watch
- Event Planners
- Work Study Placement and Internships

*Please direct questions on Volunteering services to Nathan at [nathan.b@boltonrefuge.org](mailto:nathan.b@boltonrefuge.org).*

## Donation Suggestions

Disposable gloves  
antibacterial wipes  
sidewalk salt

twin zip mattress protector  
floor cleaner

Black Ink cartridges for HP 61,63,62  
nonparishable food items

Questions? Call us 715-834-9578

24/7 Crisis Line: 855-5BOLTON 855-526-5866