

# November Newsletter

## *Christmas for Bolton Refuge House Families*

We are preparing for the season of giving! Currently, Bolton Refuge House is accepting Christmas gifts for children over the age of 7. We ask that all donations are new in original packaging.

Please do not wrap gifts, however, wrapping paper is always welcomed. Lastly, no weapon toys, examples could be toy guns, swords and hammers. All gift donations can be dropped off at the shelter before December 15th.

## *Domestic Violence during the Holidays*

When we think of the Holiday season, we picture an abundance of food and smiling faces. From working with domestic violence survivors we learn that the holidays can be a time of uncertainty.

Below are a few ways the holiday impacts domestic violence victims

- Because of the loneliness, victims tend to return to their abusers
- Increased alcohol assumption can lead intimate partner violence
- The pressure to appear perfect during family gatherings may lead to physical altercation after the event
- Children are 5 times more likely to witness abuse due to being home for a longer period of time,

## *2021 Annual Report Statistics*

Crisis intervention: 5874  
Information and Referral 3328  
Safety Planning: 1065  
Support Group: 462  
Individual Counseling: 306  
Emergency Legal: 481  
Personal Advocacy: 1646  
Emergency Financial: 193  
Interpreter: 21  
LAP Calls: 97

## *Last Month's LAP Data*

High Danger: 7  
Not High Danger: 1  
Total Calls: 8

